

**SCAN HERE TO TAKE A
LOOK AT OUR FREE AND
EXCITING ACTIVITIES**



Contact Us;



parentingsupport@walsall.gov.uk



walsallfamiliesintheknow



www.walsallfamilyhubs.co.uk



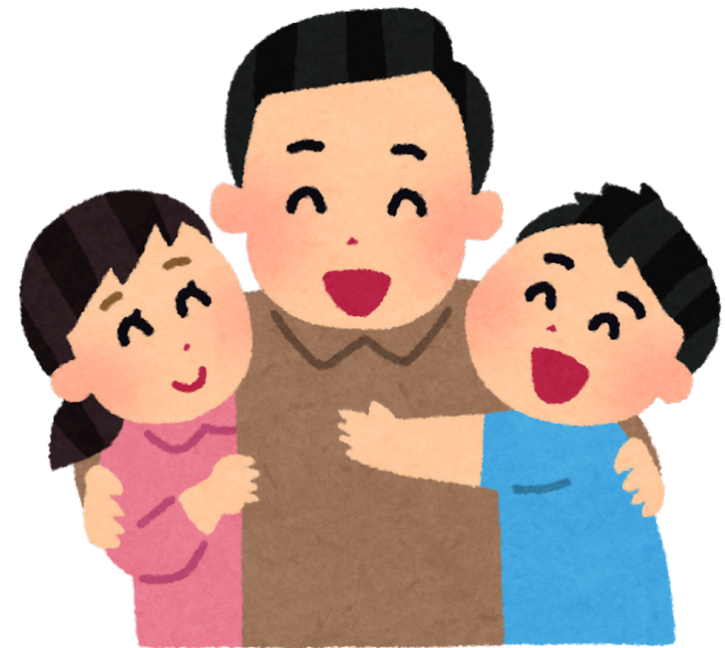
Walsall
Family Hubs

Supporting families to live happier lives

JUST 4 DADS

This booklet is created for dads in Walsall to
access support, activities and so much
more....

"Stay and play gave me
confidence to be
myself without fear of feeling
judged"
Quote from a Dad



Funded by
UK Government

We know Dads play a vital role in their children's lives.

We have lots on offer for you at Walsall
Family Hubs;

Dads Stay & Plays (*weekdays and
weekends*)

- PEEP 4 DADs learn & play
- Dads 4 Dads Peer Support Groups
- One to One support
- Parenting Workshops - Henry
- DadsPad App

and much more

DADS STAY AND PLAY

A chance for fathers to connect with their
children through fun playful, developmental
activities.

Available during the week and on
Saturdays.

ONE TO ONE SUPPORT

Up to 6 weeks of personalised, one-
to-one support for fathers seeking
guidance and emotional well-being in
their parenting journey.

DADS SUPPORT GROUPS

Meet with other fathers twice a month
in a relaxed, child-free environment to
explore emotions, challenges, and
experiences.

HENRY PROGRAMME

It's a free, 8-week parenting course
helping you build healthy habits
through practical tips on food,
routines, and parenting.

*Free gift provided



**For Further Information, please
contact Ed**

Phone Number:

07584 521955

Email Address:

parentingsupport@walsall.gov.uk

MELLOW 4 DADS

This flexible programme helps you
build stronger bonds with your child
through relaxed sessions.

It's designed to support fathers
during times of stress or isolation,
especially in the early years, with
space to connect, reflect, and grow
together.

BABY MASSAGE

Focused on enhancing early bonding
and interaction through guided
activities. Babies attend with dads.
5 week programme.

SCAN HERE TO SELF REFER

